





# SORE THROAT RELIEF



## Famous 1-2-3 Method

All the first sign of a sore throat due to a cold, dissolve three "Aspirin" tablets in 1/2 glass of water. Gargle with this twice. It will almost instantly relieve the pain and irritation of your throat. At the same time it will dissolve two "Aspirin" tablets with a full glass of milk. This will relieve fever, cold aches and pains and the cold itself. Repeat the treatment in 2 hours. If you have no time to wait, a cold is cured as soon as a cold is applied by this method.

• These tablets are made in Canada by the Bayor Company, Limited, of Windsor, Ontario.

## Demand and Get—



## ASPIRIN

TRADE-MARK REG.

## Thou Shalt Not Love

A NOVEL BY  
GEORGIA GRAHAM

## CHAPTER XVI. Continued

He broke off abruptly. They had sat in silence for a moment. Michael's eyes following them. Michael's eyes held a gleam of jealousy as he witnessed this intimate little scene between his wife and the man whose chance had been reported to him.

They were back in the privacy of their own apartment, however, before Michael said a word. Then he burst out:

"I'm sorry, we had to see into Michael's past, Starr. I'm sorry for you never to see him again."

Starr's face was strained. She had known subconsciously that it would be like this. All through their honeymoon, in fact, they had been mentioning Lance's name, still as though by common consent. Michael had asked her nothing about the man. But she could not forget. Once, she had been so sure that she had really admitted to Michael that she had taken Lance Markwell as her lover. That she had said it when she did for Michael's sake meant nothing now. If only she had not!

And now, because of Lance, after their long days of peace, they were in the grip of conflict again, tortured with memories which refused to be lived down.

It all was so plain to Starr. . . . Gossip linking her to Lance, with Lance's wife once crying out to Michael on that crazy night, telling him that she had been Lance's lover. That she, do you believe me, don't you? You must believe me!"

Michael, looking down on her said: "Of course I do," pressing her small, cold hands very tightly in his big

## YOUR BODY'S BIGGEST ORGAN

It has so many functions that it is unhealthy in action, malignant in disease.

Yes! It's your liver that affects your digestion, kidneys, blood, skin, muscles, heart, lungs, brain, eyes, and all the reproductive glands. If it's sluggish it may cause constipation, piles, ulcers, heart trouble, hypertension, backaches, yellow skin and many other diseases. Use Frukt-a-lives, the famous remedy that contains the most powerful liver tonic with nature to stimulate the liver. It is the only liver tonic that can really change the functional trend to profit the body. It is the only liver tonic that effects help bring new life and energy back to the body. It is the only liver tonic that can really help the body to get rid of wastes.

ones. "You're my wife, and I love you."

But there was a strange edge to his voice which chilled her, in spite of his words.

## CHAPTER XVII.

Busy days again. Except for that slight undercurrent of an imperfect understanding which Starr felt as she was a diversion for Michael's many busy days. So much to be done, and, as always, at such times, little chance to think.

Michael threw himself into business with a will, making up for lost time. He left to buy his men their uniforms. She had almost come to the determination that they should not live in an apartment house at all, but should take one of those apartments which were for rent in Forest Hill. So much more like home, with an upstairs and down, your own lawn, and a lovely vineyard vine that would be a pretty cloud in the summer time.

Michael made a little objection. It was so far away from business, he said. But with a wifely concern for his health, Starr insisted that the drive into town each morning would be just the thing he needed. Perhaps he would not get any fresh air otherwise.

So it went, with most of their discussions at breakfast, at the lunches done down in a corner of the room. At the same time, Starr's tablets with a full glass of milk. The cold, the fever, cold aches and pains and the cold itself. Repeat the treatment in 2 hours. If you have no time to wait, a cold is cured as soon as a cold is applied by this method.

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ing—remembering. . . . That whispering conversation with Lance, and now came a mysterious letter which she would not explain. Did he think that she had been unfaithful? That she had been unfaithful, and now only the chance of this letter having arrived at an inopportune time had betrayed the secret?

Dumb Starr repeated, as she shook her head: "I can't!"

Michael did not ask her again. He simply got up from the table, leaving his breakfast half finished. He stalked out into the entry way and yanked his hat off, then took off his coat, and left it on the chair. He then turned and walked away. It was the first time since their marriage that he had gone out of the apartment without kissing her good-bye.

The distraught bride paced her long living room in a mental torment. She paid no attention to Sappho's perplexed comments, as if she had forgotten her husband's departure.

In spite of her busy days, she had had long hours in which to brood, hours when she was alone. Michael, fired with the enthusiasm of providing for her, had not been able to find a double purpose which she had been thinking about the future, too, defying her inexorable fate, planning, working for a home in which she and her husband could spend long years together. She might have known the futurity of that!

Weeks had sped by rapidly. With a dazed feeling, Starr now suddenly realized that it was many weeks since she had seen her husband—since the doctor had told her: "You won't live another six months."

Suppose his prophecy came true? Suppose the curse did fall upon her, along with the curse of the doctor, of her husband? What would she have done? Defied her destiny? Love, married. Was it to end now her tormented happiness?

(To Be Continued)

## Royal School Of Needwork Engaged

### On Fine Embroidery

Thirty-five needworkers have been chosen by Lady Smith-Dorrien, principal of the Royal School of Needlework, to be taught embroidery. The course will be carried out at the school during the next three months. They will be engaged mainly in fine embroidery work on the canopy to be held over the King and Queen during the mounting, on the King's robe, and on the canopy, on the Queen's dress and train.

The King's role will be that which was originally intended for Edward VIII, King of England, and it is to be undertaken by the school to be thoroughly examined, and repaired if necessary. It is of cloth of gold, embroidered all over with colored embroidery—red Tudor roses, green shamrocks, purple lilies, and silver eagles.

The canopy will be made entirely at the school, of cloth of gold, with raised silver eagles running along the border, and will be supported by white satin and supported at each corner by four slender silver poles.

The Queen's dress will be made of white satin and will be embroidered all over in white gold, with various embroidery and the device in chain, Delicia, and Colonial themes.—London Times.

## Yacht Will Cost Million

### Challenger For America's Cup Is Building Lavishous Craft

The most luxurious yacht believed ever to have been built for a private owner will soon be launched for T. O. M. Sopwith, millionaire aeronaut, who has just bought a 100-foot yacht at his 10th year in 10 years, and will cost him \$1,000,000, bringing his total outlay for yachts to \$5,000,000.

Guests will fare well, with accommodation for 50, and such extra facilities as a swimming pool, a sun deck, a gymnasium, a hospital, a bar, some cabins will be decorated in modern style, some in period. There will be golf practice nets and sliding panels of sun ray glass on the promenade deck.

"I can't, Michael. It isn't any thing. I told you so."

The family was on Michael's jaw again. He spoke steadily.

"There should be no secrets between husband and wife. Let me see what letter?"

"Send me the see that letter."

He snatched his lips moved, and in his dark eyes was tragedy. She shook her head.

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The family was on Michael's jaw again. He spoke steadily.

"There should be no secrets between husband and wife. Let me see what letter?"

"Send me the see that letter."

Suspicion clouded Michael's face.

Starr did not dare imagine what he was thinking. But she was think-

ing—remembering. . . . That whispering conversation with Lance, and now came a mysterious letter which she would not explain. Did he think that she had been unfaithful? That she had been unfaithful, and now only the chance of this letter having arrived at an inopportune time had betrayed the secret?

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## DICK GETS A NEW PARTNER



Of course, children should never drink tea or coffee. But do you realize that the caffeine in tea and coffee disagrees with many grown-ups, too? If you are bothered by headaches or indigestion, or find it difficult to sleep soundly . . . caffeine may be to blame. Why not try Postum for 30 days? Postum contains no caffeine. It is simply whole wheat and bran, roasted and slightly sweetened. It is easy to make, and costs less than one-half cent a cup. It's a delicious drink, too . . . and may prove a real help.

**FREE!** Let us send you your first week's supply of Postum free. Simply write Consumer Dept., 101, General Foods Limited, Colgate, Ontario. 7131

## New Regulations Effective

### Restaurants Phased On Germany's Restaurants Under Nazi Plan

Fewer dishes on the bill of fare, fewer table cloths in restaurants, and therefore less laundry, will be required of restaurateurs to help Germany become self-sufficient in food and raw material supply under the new four-year plan.

This was announced at the hotel and restaurateurs' proprieurs' meeting held recently. The new regulations became effective with the advent of the new year.

No bill of fare, even in the most expensive restaurants, will be offered to official guests than four different "dishes" of day old, 10 fried or griddle dishes, six egg dishes, six different kinds of cold and four kinds of warm hors d'oeuvre, or 15 cold dishes such as cold soups, various salads, pickles and fish.

Ordinary salads, vegetables, game and poultry may only be offered according to season. No stipulations will be made regarding dress and lessens. Hot fish is only to be offered and subject to any restrictions as the consumption of fish is to be encouraged.

Menus of the larger restaurants will be reduced to such size that many dishes of which two must be fish, while menus of medium-sized restaurants may offer no more than three dishes of which one must be fish.

Restaurants tables having movable or model tops which can be cleaned and not to be covered by table cloths. Saving can be made in laundry. It is said, without impairing either cleanliness or taste.

Hotels, restaurants and other eating places will be required to serve only the minimum of food, and to offer no more than 100 per cent of the price of a meal.

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## The Champion Chronicle

L. A. STARCK  
Editor and Publisher

Thursday, February 18, 1937

C. Lucia has rented the farm formerly occupied by the Patterson Bros., the latter having rented the Herb Williams' farm.

H. A. Bjornson and family of Coaldale have leased the farm formerly owned by T. R. Jopling and will take up residence upon it sometime after March 1.

The ladies of town held a skating party at the local rink on Thursday evening of last week. After several hours of real sport, they all adjourned to the home of Mrs. Price where a lunch was served.

Dr. DAVID NICOL  
DENTAL SURGEON  
In Champion Friday only

HERBERT J. MABER  
SOLICITOR, HARRISER, NOTARY  
VULCAN

At U. S. Alexander's office  
every Thursday

F. G. Baumont, Barrister of Carmangay will be at the Chronicle office every Tuesday morning

How is  
Your  
Subscription?

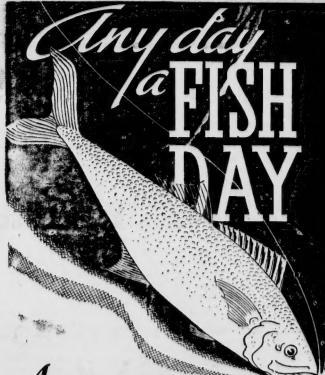
## CHAMPION GROCETERIA

Chocolate Wafers .....	25c
Family Brand Molasses, 2 lb. 3 oz. for .....	20c
Benson's Syrup, 5 lbs. ....	50c
Pancake Syrup, 34 oz. bottles .....	30c
McCormick's Soda Crackers, 1 lb. ....	10c
Kippered Herring, per can .....	25c
Pilchard's Herring, 2 cans for .....	25c
Sugar Crisp Corn Flakes, 3 for .....	25c
Australian Peaches, in Heavy Syrup, per can .....	20c

Fresh Celery, Lettuce, Carrots and Cabbage

E. LATIFF

Phone 14



A Healthful, Tasty and Economical Food for Any Day in the Week

TUESDAY, Wednesday, Thursday or Friday . . . any day can be Fish Day . . . when you realize just how healthful, economical, Canadian Fish and Shellfish can be. Healthy, because of their rich store of proteins, vitamins and minerals, iodine and other elements. Tasty, because of their easily digested and finely-flavoured meat. Economical, because you get full value in nourishment for every cent spent.

Serve Canadian Fish and Shellfish more often. Whatever way it is most convenient . . . fresh, frozen, canned, smoked, pickled or dried . . . you get nourishment in its most delightful form . . . in prime condition from sea, lake or river, to your table.

DEPARTMENT OF FISHERIES, OTTAWA

Write  
FOR FREE BOOKLET

Department of Fisheries,  
Ottawa

Please send me your free 12-page booklet, "How to Cook Fish," containing over 100 delightful and delicious Fish Recipes.

747

Name . . . . .

Address . . . . .

CW-3

ANY DAY A FISH DAY

Try This Recipe  
KIPPERED HERRING SCALLOP

Fiske one can Canadian kippered herring in small pieces. In buttered scallop shells, alternate layers of cooked onions, fat and cheese. Pour over a thin layer of milk and pour over the top. Sprinkle with buttered crumbs and bake until golden.

Art. 4

Not many years ago the Fiji Islands were regarded as the most undesirable spot on the globe. Today they are within the sphere of Canadian trade. A few weeks ago a consignment of Canadian chickens was despatched to these islands, and already the Hawaiian poultry, the shipment of Canadian chickens which arrived at Honolulu before Christmas brought many favorable comments.

## THE CHRONICLE, CHAMPION, ALBERTA.

### Local & General

L. A. Starck is ill with the flu at his home in Carmangay.

Mrs. P. Patterson is visiting with Mrs. Maisey at Kirklealdy.

Mrs. Barbara Dow was a weekend visitor in Calgary.

Walter Smith, who has been a patient in the Vulcan hospital returned to his home Monday.

Mr. Dominion of Winnifield has been visiting with his daughter, Mrs. Ed Soltan.

C. A. Williamson and Mrs. M. Muir spent the week end in Calgary.

Mrs. P. Larkins, who has been ill with the flu, is able to be around again.

Mrs. A. Kurtz and family left for Cluny last week where she will visit her mother for two weeks.

Weather conditions—Wind, snow flurries, blizzards and more wind.

W. Terrell of Humboldt, Sask., arrived in Champion Monday where he is visiting with M. F. Hamilton.

Mrs. Roy Taylor, who has been convalescing at the home of Mr. and Mrs. B. Hummel, returned to her home on Wednesday.

### Difference Between Registered and Certified Seeds

The essential difference between registered seed and certified seed is that registered seed conforms to certain very high grade standards and was descended from elite stocks of varieties. The registered quality, which has been proved and strictly maintained under pedigree registration, while certified seed needs only to conform to somewhat lower grade standards, and it need not necessarily descend from elite or registered stocks.

Seed becomes certified through the influence by the Dominion Seed Branch after inspection of a statement giving a guarantee of some important characteristics of the crop, for example, freedom from couch grass in grass crops, or verification of variety names in cases of varieties which have become important, and though they have not yet been sufficiently purified to conform to the standards set for the certified grades.

In some cases certification is granted for crops of which no seed has been produced, or eligible for registration, but of which no approved elite stock has been made available to serve as a foundation for registrable stocks of the variety, for example Red Bobs 229, Reward and Garnet wheats.

The oil and mining industries have developed the most skilled and advanced methods of the extraction of Metals. Earth, Metal, and other eminent scientists or engineers whose education has cost them years of study and the industries many millions of dollars in experimenting, have not been held off the oil fields in their dreams. A geologist or engineer may think he can say with certainty that no mining operation can be initiated on a certain location with any prospect of reasonable success. A scientist decides there is no oil at all. As an oil well is being drilled, the experienced wildcatter comes along and discovers the greatest field in history, which was the case for instance with the oil field found, the East Texas field. This had not been found and investigated and experimented with by some of the ablest engineers and geologists of the country and pronounced dry.

There are thousands of oil shafts and dry wells dry holes every year at points carefully selected by skilled men. Usually the experts are sure they are on the right spot. But often they are not. Numerous dry holes had been drilled in the vicinity of the East Texas field, but not in the right place.

M. F. Hamilton had the misfortune to slip and fall on the ice while skating and fracture his left wrist.

"Strike me pink," there hasn't been a picture show since on account of the highway being completely blocked.

The cast of the forthcoming play, "The Ghost Train," sponsored by the I. O. D. E. are rehearsing assiduously under the direction of Miss Helen Holm.

Among those who took advantage of the cent a mile excursion to Calgary last week were: A. McCullough, D. F. Vokey, G. M. Campbell, L. Vokey, Mrs. B. McDonald, Mrs. Harry Smith, Mrs. Vanbesien and others.

Two or three severe cases of the flu have been reported this week, other cases being very mild. The attendance at the school has not been affected to any noticeable extent.

Mr. and Mrs. J. O. Bell are comfortably located in the Wales hotel, Calgary and Mrs. Bell has improved in health.

Mrs. E. Clever returned to her home from the local hospital on Monday where she has been a patient for the past week.

Mr. and Mrs. Ray Walker of Ponoka are visiting at the home of the former's brother, J. Walker. Mr. and Mrs. Walker were motorizing to Vancouver but on account of the roads being blocked, they were forced to remain in Champion.

Two or three severe cases of the flu have been reported this week, other cases being very mild. The attendance at the school has not been affected to any noticeable extent.

### NOTICE TO CREDITORS AND CLAIMANTS

IN THE ESTATE OF William Henry Downing, late of Princeton, Iowa, U.S.A., Deceased.

NOTICE is hereby given that all persons having claims upon the Estate of the above named deceased, who died on the 21st day of November, 1934, are required to send to the undersigned Administrator of his Estate by the 1st day of March, 1937, a statement of the amount of their claim and any security held by them and after that date the Administrator will distribute the assets of the deceased among the parties entitled thereto having regard only to the claims of which notice has been filed or brought to his knowledge.

DATED at Vulcan, Alberta, this 28th day of January, 1937.

L. H. Stack, K.C., Administrator,  
Vulcan, Alberta.

### Early Spring TRAVEL BARGAINS

### to EASTERN CANADA

Feb. 20 to Mar. 6  
RETURN LIMIT 45 DAYS

0 0 0

CENT-A-MILE in COACHES

Fare slightly higher for TOURIST or STANDARD SLEEPERS and usual berth charge  
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STOPOVERS ALLOWED  
at Stations Winnipeg and East  
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For Fares and  
Complete  
Travel Service  
ask  
Canadian Pacific  
Ticket Agent

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New Shipment, in Plain and Printed Crepes, at . . . . . \$2.95 to \$4.50

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In Yellow, Blue, Helio and Rose with Satin Borders. Special \$1.59

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Pure wool, Sizes 2 to 8 years, each . . . . . \$1.19

### Orient Hose

In all the latest Spring Shades, Crepe and Satin wts. at 75c & \$1

### Australian Raisins

Seedless, 4 lb. bags, each . . . . . 59c

### Sliced Pineapple

Tall Cans, each . . . . . 10c

### Red River Cereal

Prize Packet, each . . . . . 25c

### Manitoba Honey

Pure, No. 5 Pails, each . . . . . 59c

### Laundry Soap

White Naphtha, 13 bars . . . . . 50c

### Crisp Celery

2 lbs. for . . . . . 25c

### Men's Gum Boots

Knee High, Kaufman Quality, all sizes, pair . . . . . \$2.50

### Men's All Rubber Boots

Laced, ideal for Spring wear, all sizes, per pair . . . . . \$1.85

### Boys' Iron Man Pants

Up to 10 years, in Grey or Brown, per pair . . . . . \$1.75

### Men's Peccary Hog Gloves

Wool Lined, all sizes, Very Special, per pair . . . . . 69c

### Ontario Cheese

Finest Quality, 2 lbs for . . . . . 45c

### Rowntrees Cocoa

2 lb. packets, each . . . . . 28c

### California Oranges

Med. size, free from frost, 12 doz. . . . . 49c

### Italian Prune Jam

4 lb. pails, each . . . . . 43c

### New Cabbage

Firm Heads, 3 lbs. for . . . . . 21c

### Firm Carrots

6 lbs. for . . . . . 25c

Phone 34

McCullough Bros.